



Location : Multiburo Antwerp, near Central Station

Planning of the day :

9 am – 4:30 pm Training including breaks and lunch 4 :30 – 5 pm closure with Q&A

A glimpse of the Content of the Cultural Integration Training :

You recently arrived in Belgium or you may have already some experience living in the country? Some of below questions or thoughts may cross your mind :

- Dealing with cultural differences and avoiding misunderstandings
- What characterises the country ?
- What determined the 'Belgian identity' today?
- What's the difference between Flanders and Wallonia?
- How many governments does Belgium have?
- Local values and habits, some useful hints & tips
- How to find a doctor and receive refunds from the health insurance?
- How to use the public transport?
- How to recycle waste?
- Why is Belgian chocolate so popular, which beer to drink?
- What to visit in Belgium and around?
- And much more....

Interested to find out more about these topics? This basket full of practical information is **an excellent** *introduction* and will help you to become self-reliant in everyday life in **Belgium**.

Registration :

We work in small groups of **max 10 persons**. Please confirm per e-mail to <u>annekien@bewelcome.be</u> **Contact : Annekien Van Vaerenbergh** - Mobile +32(0)478 54 0602 - Be Welcome +32 (0) 3 449 56 98 Pricing upon request.